



PACIFIC COAST

FACIAL PLASTIC SURGERY

Microneedling Post-Procedure Instructions

Immediately after your treatment, you will look as though you have a moderate to severe sunburn and your skin may feel warm and tighter than usual. This is normal and will subside after 1 to 2 hours and will normally diminish within the same day or 24 hours. You may see slight redness after 24 hours but only in minimal areas or spots. Your provider will discuss post-procedure skincare following the treatment to help soothe, calm, and protect the skin.

Normal skincare can be resumed again after day 3. Please adhere to the below instructions to ensure the best result and least amount of complications following the procedure:

1. Use a gentle cleanser and tepid water to cleanse the face for the following 72 hours. Gently dry the treated skin. Always make sure that your hands are clean when touching the treated area.
2. Keep the face moist with a gentle facial moisturizer for the next 3-5 days.
3. Apply a facial sun screen daily (broad spectrum UVA/UVB) and use rigorous sun protection for the next 7 days.
4. Avoid the use of makeup for the first 24 hours following treatment.
5. Avoid the use of products containing Alpha Hydroxy Acids, Beta Hydroxy Acid, Retinol (Vitamin A), Vitamin or anything perceived as 'active' skincare.